



# Newsletter

Issue 10. April 2014

A Registered Scottish Charity SC040864

There can be no better position than watching from the sidelines knowing you made a difference to some young life or lives. As Kiran's Trust reaches the grand old age of 4 years and 6 all important months, I can tell you we are very proud to be these spectators and to be able to administer your gracious donations in the spirit of advancing education in the arts and participation in sport.

Welcome to our Spring 2014 newsletter and the prospects of a drier, sunnier and activity-led summer. In this edition you'll read about our new website, which is stunning and uses the latest industry standard design template. We also update you on the progress of our giving program.

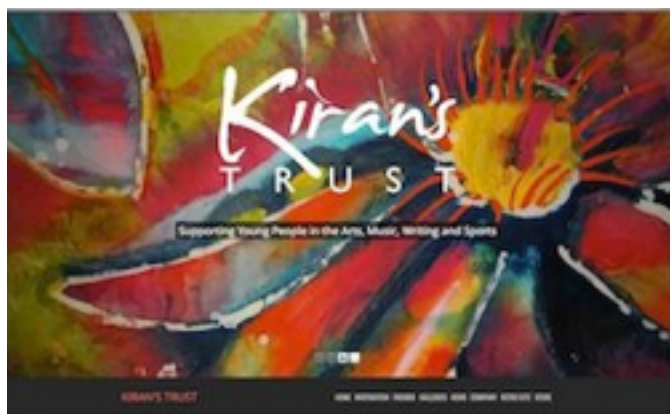
This year we are excited that Kiran's Trust will host a pop up gallery at the Pittenweem Art Festival for our Art Scholars. The festival attracts around 25,000 people so this presents a terrific opportunity for our scholars to showcase, and possibly, sell their work. We will be on hand to assist and guide everyone through the process of exhibiting and selling their works...exciting or what??

It's always nice catch up with a few of our scholars...we even struggle to keep up with their amazing progress!

Enjoy.



Kiran and Hollie - March 2000



We're delighted to announce the launch of our new website.

Still to be found at [www.kiranstrust.org](http://www.kiranstrust.org), but we thought it was finally time to retire the old site and replace it with a slicker, more advanced website.

So what's new?

We have refreshed the content and tied it all in with our social media activity, as well as introducing a fresher and more dynamic "News" section which will keep you informed of what we're up to.

The biggest innovation is the Art & Photo Galleries. We have developed a unique area that allows us to showcase the output from our young artists, musicians and athletes. It gives them a space to promote themselves as well. Most importantly it gives you, our supporters, the chance to catch up with us and see the difference your donations make.

We're still tinkering with it but this new site gives us a fantastic platform on which to build and continue to develop our charity...so watch this space, and your newsletters.

## Catch up with...Natasha & Ciaran

We thought we'd catch up with both of our Developing Taekwondo Scholars. They compete as individuals and have been very successful, however they are also winning competitions as a pair in team events!



**Natasha** has been selected for the GB National Poomsae (Patterns) Team as well as the Freestyle Team. At the GB National Taekwondo Championships in Nottingham in February she won Gold in her individual class and won Gold in the pairs with Ciaran. She added two Silver medals in the team event and the A Class Black Belt Cadet girls team. This is a huge haul in one A Class event. Natasha went on to repeat this success at the Nationals in March winning Gold medals in the individual event and in the pairs with Ciaran. She closed out the meet with a Silver in the B Class Cadet girls team.

At the annual Falkirk Council Sports and Arts Awards in March, Natasha was awarded runner up in the Under 14 Sports Personality of the Year. Who won the Under 14 Sports Personality of the Year? Only our very own Jordyn Smith, so a one and two there!

We spoke with Natasha's mum Suzanne who said, "I am extremely proud of all of Natasha's achievements, but more so in the last year as she closes in on her black belt grading, which is six months away."

Suzanne went on to say, "My heart bursts with pride just watching her as she is so focused. It helps that she loves Taekwondo so much and constantly does it in the house."

We asked how Suzanne how she thinks Natasha will cope with being a black belt, if she were to successfully grade? "She is aware that once she reaches her black belt then things may get harder, I just feel that in her mind she will step up a gear when she needs to." Suzanne finished off by saying, "I hope that wearing Kiran's name on her top, and carrying her memory with her, will help Natasha to achieve so much more in the years to come. Thank you to everyone one who supports Kiran's Trust for having faith my daughter's ability to be a star. Thank you Kiran!"

**Ciaran** has been training hard this year with both his club, Central Taekwondo Academy, and The Scottish National Training Development Squad.

Ciaran majors in Kyrougi (Sparring) and as you've seen from above he has a certain flair for Poomsae (Patterns) with his partner Natasha.

Every time we get an update from his mum Susan, he seems to have added more silverware to her groaning shelves!

Speaking further with his mum she went on to tell us, "He seems to have some fire in his belly! He's recently been to two Kyrougi competitions, NTC and Welsh Open where he lost both times to the same boy! While these would seem to be a bit of a set back you can definitely see that he is progressing and although very young, maturing. He's developing not only his fitness and well-being, but I see his self confidence is growing."

Susan went on to say, "Away from the competitions he was awarded most improved player at the Taekwondo Scotland Awards Dinner in February. He was also presented an award at the Falkirk Council Sports and Arts Awards in March for achievements in Taekwondo."

So what is next for Ciaran? Susan said, "He is training hard right now as he will hopefully grade in May, hoping to go from red belt to black tags, then he is a year from black belt. We are all very proud of him and what he's already achieved, we can't believe the journey we've be on with him. Thank you to everyone for your support of our son."



**Update on...**Asia Bailey has settled into the life of a full time athlete at GB Taekwondo Academy in Manchester really well. After her cruciate ligament operation in 2013, she made her comeback at the International Championships in Stuttgart in December...winning Gold! In March, Asia went to the Junior World Championships held in Taiwan where she was less successful, but was named team captain.

After the disappointment of the Taiwan trip she has not had time to mope about. The day she got back she was told she had been selected for the Senior Europeans in Azerbaijan in May. It will be her first major tournament in the seniors – at only 16 she will be one of the youngest players there! Travelling with the likes of Jade Jones and Lutalo Muhammad will be a great experience for her. Asia competes on Thursday 1<sup>st</sup> May. She gets back on 5<sup>th</sup> May and has her Maths Higher the next day!



**Giving Program...**Thanks to the generous donations from everyone far and near, we continue to grow our giving program. We are expanding the Arts and Sports, and assisting people who require support in innovative ways.

Meghan Grieve will finish her Scholarship with us this Summer. She has a reserved unconditional for The Royal Conservatoire of Scotland, and an unconditional HNC in Applied Arts at the City of Glasgow College.

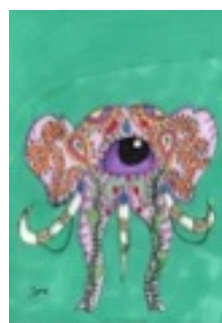
Meghan won the Trash Fashion Awards this year with her creation of the Mad Hatter Dress. As you'll see by the photograph, it's wonderfully scary!

The good news is we'll have it on display at this year's Pittenweem Arts Festival. So come along and see the actual dress live.

At Carronrange School some S3, S4 and S5 pupils had a visit from 'The Beano Man' Kevin Sutherland, a cartoonist, who spent the day in school working with pupils, creating comic strips and cartoons. The school hopes to invite him back in the future to work with more pupils.

Dance and Drama are the big things in our Falkirk area Primary Schools: Nethermains, Bonnybridge, Westquarter, Stenhousemuir, and Carronshore. Young talent is everywhere, but sometimes the opportunity is not, so it is very pleasing to be able to support this area of the creative arts.

Over the past few years we've been supporting four young artists at Delta Studios: Caitlin, Grace, Jennifer, and Wallis. Along with Ele Alba Erskine, we are quite excited they will be exhibiting some of their work in our pop up gallery at the Pittenweem Arts Festival. The Festival runs between 2nd and 10th August. The gallery will be open 10am until 5pm everyday of the Festival at 46 Abbey Wall Road, Pittenweem. There is a Preview Evening on the 1st August, 7pm to 9pm, where it has become tradition to see some early buying. Hopefully you can make it along to see their work and maybe find what your wall has been missing.





On the 1st September 2013, Pittenweem Primary School celebrated their Centenary. This kicked off a year of celebration. At Christmas we assisted the school to put on play with the unusual theme of Time Travelling on Christmas Morning.

**New Partnerships...** It is always quite exciting to set up new partnerships within our giving program. Working with Fife Society for the Blind, we are providing artwork for mobility training aids to assist young people with visual impairment. The output will be a set of murals and monoculars to use for vision training. We set up a connection between the Society and Delta Studios to provide artistic ideas and concepts. Once this is complete we will post some photos.

As we go to print we can announce two more new partnerships. Sarah runs Space Artworks, in Morningside Edinburgh, which provides skills workshops in painting, dressmaking, sewing and crafts. There are also specialist art and design workshops for young people and adults with physical or learning disabilities and mental health challenges. Space Artworks provides an exhibition space showing new exciting works for their artists. Sarah has a few activities that we can help with and we'll report on these in the next newsletter.

UEFA trained and accredited coaches Murdo and Roddy run 3v2 Soccer Academy in Edinburgh. They work with 2 - 11 year olds and while they recognise that not every child who comes to the classes will have a passion for football, they offer so much more in the way of imaginative themes, education, physical activity, and of course FUN! We are working up a proposal to run a Summer tournament that celebrates this year's World Cup.

### **Friends of Kiran's Trust**

If you wish to become a Friend of Kiran's Trust, making a regular or annual donation, then there are few ways to do this. Go to our Just Giving site, or set up a standing order, or send a cheque. All of the details are below in the Contact Us panel. If you use Just Giving, please don't tick the No Further Contact box as this will make you anonymous, and we won't know where to send you a wee thank you of Kiran's artwork. Unless of course you wish to be anonymous!

A couple of our friends have organised a Karting Endurance Race at Xtreme Karting, Edinburgh for the 20<sup>th</sup> May at 7pm. This should be a load of fun and will raise important funds along the way...pictures from the event will be posted on our website, Facebook and in the next Newsletter. If you'd like to test your driving skills or have another idea to raise money drop us an email at [hello@kiranstrust.org](mailto:hello@kiranstrust.org)

### **CONTACT US**

Get in touch and keep up to date.

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Check us out here:



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Remember to choose Gift Aid if you pay UK tax.



Text: **KIRN18 £5** to 70070

this can be any number behind the £ symbol

*Our aims are simply stated: Kiran's Trust supports the activities and recognises the achievements of others in areas aligned to Kiran's interests. Without your generous support we wouldn't be able to do this. Thank You!*