

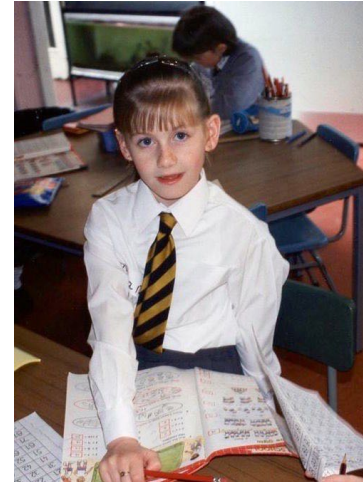


Springing Forth...

Can you believe it's Newsletter No.14? We hope you'll enjoy this occasional look at our activities and find out the many ways you can continue to support us.

So the clocks have sprung forward an hour, the lighter nights are moving in fast. Easter is now a memory and we look forward to the Summer and all that this brings with it.

As ever we find it a conundrum to bring you a lightweight, easy read newsletter - with so much excitement and activity through your support, what do you leave out?!? We hope you enjoy your Spring Newsletter....



Kiran at Carronshore Primary

Primary Schools - Falkirk Area

Our primary school co-ordinator, Karen McCabe, has been very busy at the start of 2016. She hit the road running in January and has engaged seven primary schools in our giving program so far this year...

Stenhousemuir are buying headphones to help with music composition.

Nethermains are buying tee-shirts for their cross country runners.

Laurieston are providing transport for their drama club to go to a competition.

Carronshore wanted to get playground sports equipment, and now they have it!



Bowhouse Tweeted...

A big thanks to [@kirans_trust](#) for coming in to our assembly to present us with our cross country shield [#charity](#). To left Johnny presents the shield to Cloe, whose mum has had a successful recovery from a brain tumour.

Jill Stocks, Headteacher at Bonnybridge, said "With the aid of your generous donation we are going to create an award for sporting endeavour. Our intention is to celebrate achievement both in and out of school, and this could be for any child in the school. Our thoughts are to buy a trophy that can be engraved and kept for a year with an additional small shield for the child to keep. Thank you for remembering us this year and we always ensure that Kiran is mentioned on the awards we give."

At Westquarter, a child from each class was chosen to help design their values painting. They met with artist Scott Gilbert and shared their design ideas with him. They were thrilled to meet a 'real artist' and excited to be involved in the design process. Karen, who is a teacher at the school, said, "The painting will include the names of our 10 school values and Scott will combine the children's pictures of people living their values in the background."

Emma (p7) said, "I think it was really important that we got to meet the artist to discuss our personal ideas and that our painting will be on the wall for most of our lives." and Faye (p1) said, "I think doing art and working together is totally amazing! It will be so cool that our painting will be on the wall forever and it will never come down!"

Lets Go Racing!

We are delighted to announce that racing driver Chris Milford will endorse Kiran's Trust on his racing Mini Cooper as he competes in the 2016 Celtic Speed Mini Cooper Cup Championship!

Chris will have our logo on his car and race suit. He will also support some fundraising activities during the year. We believe this will add so much momentum to our cause and help us to grow our giving program. Watch our Blog, Twitter feed, Facebook and occasional flyers for updates on Chris's progress...and an opportunity to fly around the top class race track of Knockhill, with Chris at the wheel!



Chris's Mini in the Pits at Knockhill Race Circuit

We are also indebted to Adam Pender and Martin Spence for once again organising the annual Karting for Kiran event, along with some smashing raffle prizes. This will be held on the evening of 31st May at Xtreme Karting, Edinburgh. The entry is £45 which includes your raffle prize entry. Each driver will be allocated one entry into the raffle using the driver number. This will be drawn on the night after the awarding of 1st, 2nd and 3rd place medals. Prizes in the raffle include Karting sessions, dinner with wine, £200 photography voucher and a few other superb prizes. If you'd like to take part you can do so by contacting Adam at: alistedinburgh@gmail.com or Martin at: martin@sinclair-scott.co.uk

Edinburgh Young Carers Project

In December, eight young carers and their families had a magical experience at the Festival Theatre, Edinburgh. They were there to see the Scottish Ballet perform Cinderella. It was a fantastically successful evening and was very positive experience for all. Many of them had never been to the ballet before and thoroughly enjoyed themselves.

This trip gave the young people and their parents a valuable opportunity to spend quality time together.

The Scottish Ballet gave them free programmes and access that made it that wee bit more special. Just some of the feedback...

"This is exactly what we needed, I feel spoiled and quite regal."

"It was great to meet other parents, we have swapped details as we got on like a house on fire."

"I never thought I would like ballet but I've been converted."

"We would never have got to experience something like this if it wasn't for you."

"Just incredible, I can't thank all of you at Kiran's Trust enough, still buzzing."

It was our pleasure to be able to play a part in this experience and it doesn't stop there as the 'possibilities are endless.' In the coming year we will be working with the young people via the Culture Vulture Club, Skill Sharing Workshop, Creative Cooking and The Magic School. We'll report back on all of this in our Autumn Newsletter.



We are delighted to have agreed with the Magic Festival to be their charity partner for the next three years. We will support the delivery of the Magic Workshops, which includes the The Magic School and Magic Quest. For more information on this year's Festival, which runs 1st - 8th July 'Awake In Wonder' visit www.magicfest.co.uk

Creative Writing - Edinburgh

Last November along with Wester Hailes Education Centre (WHEC), WHALE Arts and author Sophie Cooke from Skriva, we funded two creative writing workshops.

The students from WHEC worked with Sophie to practice different writing styles creating poetry, life writing and winter story writing. They then worked with Craig Tyrie at the Digital Sentinel, to publish their work on line.

We had eight very creative entries submitted from WHEC's 4th year students. You can find all the entries at the Kiran's Trust writing section of Digital Sentinel's website: digitalsentinel.net

We hope you enjoy the stories as much as we did.

Building on the collaboration with Sophie for the creative writing workshops, we are working with her to develop the next level of this project. We will encourage the young people who took part to continue with a set of workshops during the summer break. The purpose of these is for the young people to create an anthology of short stories, life writing, and poetry, which they will then market and sell as an e-book. More on this in our next newsletter.

This Spring we donated two Creative Writing Awards to WHEC, one for the Junior School and one for Senior School. The glass trophy along with a Gyle Shopping gift voucher was won by Curtis Goldthorpe (Senior) and Winnie Thomas (Junior). Well done to both, and we hope you enjoy your prize for all your creative work!

Central Taekwondo Academy - Falkirk

In December we were pleased to be at the Academy's 2015 awards evening. We presented The Kiran Martin Indomitable Spirit Award to William Miller, who was recognised for demonstrating the Tenets of Taekwondo, trained with a great attitude, and showed spirited commitment. Master Bailey said that William worked very very hard to do the best he can.

We are delighted to tell you that our new Cadet and Junior Development Program, where we support a group of highly competitive and successful students, got off to the best of starts in 2016. The Dutch Open is one of the most prestigious events on the Taekwondo calendar, and the team from Central Taekwondo did amazingly well.



Jordyn made the step up to Juniors and

fought in 4 hard matches to win the Silver medal!

Tormod won Silver in his series of junior male matches, and Lauren, Tegan and Erin all did remarkably well for their first big occasion and have learned lots for the next time...which will be soon. Although Hassan has stepped up to Seniors, it's definitely worth mentioning how well he did. He fought two tough matches, winning both but lost out to the Russian world silver medalist in the quarter finals. Well done to all!

As a footnote to this—Jordyn Smith just keeps on winning. At two recent Awards evenings she won the SportsAid Scotland Most Improved Sports Personality of the Year, and at the Falkirk Council's Awards she won runner up for the under 18 Sports Personality of the Year!

Edina Donald

A few years ago we supported Edina to enable her to exhibit her work publicly. She has never forgotten that support and continues to be part of Kiran's Trust. She has recently donated some more Christmas card designs and uses the gallery space we offer on our website...which you must visit!

Edina also takes on commissioned work so if there is something you'd like then email us at hello@kiranstrust.org and we can connect you up.

Do something extraordinary and become a Kiran's hero, or super-hero!!

Every year extraordinary friends do extraordinary things to support Kiran's Trust.

If you are training for a challenging event or looking for a fundraising idea then we'd like you to remember us! We are more than happy to assist with getting your fundraising idea up and running. We can help you with advice and advertise your challenge to your family, friends, colleagues and beyond. Please get in touch with us.

We are very lucky to have a stalwart group of Friends of Kiran's Trust, some of whom live outside Scotland, who donate ever month or every year via JustGiving, Direct Debit, directly or indeed by purchasing their online orders via EasyFundRaising. They do their stuff with out fuss and quietly – and to them we say a LOUD THANK YOU!!! You are our Heroes!!

If you live in or visit Edinburgh then please patronise our business supporters...Wm Christies Butchers in Bruntsfield, The St Vincent Bar in St Vincent St and Cork and Cask, Wine & Beer shop in Marchmont Road. Mention our name and thank them for their support!



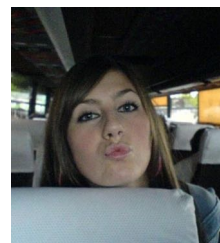
Easyfundraising Did you know that whenever you buy anything online, you could be raising a free donation for Kiran's Trust?

There are nearly 3,000 retailers including Amazon, John Lewis, Aviva, thetrainline and Sainsbury's, who'll give a free donation to Kiran's Trust, which doesn't cost you an extra penny. Head here to sign up <http://www.easyfundraising.org.uk/causes/kiranstrust> and collect free donations on holidays home improvements and groceries.

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If you wish to become a Friend of Kiran's Trust by making a recurring monthly or annual donation, like a few of our friends, there are few ways to do this. Go to our Just Giving site, set up a standing order, or send a cheque. All of the details to the right in the Contact Us panel. If you use Just Giving, please DO NOT tick the No Further Contact box as this will make you anonymous, and we won't know where to send a wee thank you of Kiran's artwork...unless of course you wish to be anonymous!



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