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Supporting Creative Expression and Sport In Our Young People

Welcome to our Year in Review Newsletter.

We often find it difficult to appreciate the full scope of our work when we're too wrapped up in doing it. That's why we truly value the moments that, in one way or another, force us to step back from the details and look at the path we've travelled. The end of the year is definitely a great opportunity to zoom out and reflect on that journey.

It has been another successful year with inspiring stories of achievement which you will find in this newsletter. These would not have been possible without your support.

We are pleased with the impact our giving has made over the past year and are confident that those we support have become more creative, active and confident.

As you reflect on the year with us, we would like to wish you a wonderful festive season and all the best for 2026

Linlithgow Amateur Musical Productions - LAMP

This year we were so pleased to support the LAMP Children's Theatre again! They have a wonderful group of young performers from Linlithgow and all over the region. Children's Theatre brings some of our favourite stories to life on stage, with their amazing characters, uplifting messages and irresistible charm.

The children's company went on stage in April and performed The Little Mermaid to a full house for each show.
In Easter 2026, LAMP Children's Theatre will be performing Annie—a show that is perfect for the whole family, — reminding us that no matter how grey the skies may seem, the sun will always come out tomorrow.

Argyll and Bute - Lochgoilhead Primary School

There were several activities on the go in 2025. We supported piano lessons for the children in the "Wee" Class in school. Twelve children had six lessons with a concert pianist. These lessons helped to develop their self-esteem, confidence which supported their wellbeing, as well as developing musical skills…and they loved it!

We also continue to support the Calm Kids programme as last year's feedback was the children benefitted hugely socially, emotionally and academically.

Calm Kids is a programme that Joni Brown delivers within schools throughout Cowal. (Cowal is a peninsula in Argyll and Bute, on the west coast of Scotland). Based on the 'Zones of Regulation,' Joni is a trauma-informed yoga teacher who uses yoga and therapeutic movement to explore emotional literacy with children from 3 to 11 years old. The programme includes relevant worksheets, stories and puppets.

This was a six-week programme tailored to suit the needs of Lochgoilhead pupils in ELC (Age 2-5: 6 pupils); Wee Class (P1-P4: 14 pupils) and the Big Class (P5-P7: 14 pupils)

Lyn Sutherland

Lyn continues to provide much needed art classes in the Tulliallan area. We have supported her endeavours to run small classes for young people in her own home. This set of projects have been very successful in helping these young kids learn good basic art, which they can grow from.

This year was Tulliallan Primary School's 50th anniversary. So we got behind a project to make peg dolls wearing clothes for each of the five decades. It was such a success that even parents got involved!!! Well done Lyn for visiting school and working with all the classes to make this happen!

This the 90s fashion dolls

Alva Academy

Earlier in the year we were approached by Alva Academy's Additional Support Needs department to assist in purchasing equipment required to help with supporting the kids in this department.

According to one of the teachers, the sensory spinning chair is used inside and outside, and is very regulating for many of the pupils, and great fun when spinning fast. The sensory wall has been a hit for so many pupils and when they need a quiet time they go out to the corridor and have a wee feel of something. Many staff members enjoy a sensory feel at times too. The headteacher was spotted having a sneaky play with the sequin mat!!

Graeme High School

Kelsi Strang, an Art and Design probationer at Graeme High School, approached us in March to see if we could assist her with two clubs she wished to run, an arts games club where they play different drawing games and a fashion club. Our support was used to help cover the cost of some art games and miniature fashion supplies.

Kelsi told us, ‘Being in a creative environment and supporting the young people in their creative expression is a lot of fun but this can also come at a cost to keep those creative juices flowing'.

Esther Kallow - NYO

You may remember that Kiran’s Trust gave Esther a grant towards the National Youth Orchestra of Great Britain after she was selected for 2023/4. We were delighted that Esther was accepted again for the 2025 orchestra and so we were ready to support Esther again.

As a footnote, Esther left school this past Summer and has now taken up a position in the Royal Conservatoire of Scotland in Glasgow for her undergraduate study.

Tryst Community Sports Club

We were happy to once again to be one of the sponsors of TCSC Sports Awards evening, the programme and the Sports Personality of the Year for both Junior and Senior awards.

Best Bib ‘n’ Tucker
In May we funded two places for 25 weeks of the Best Bib ’n’ Tucker Kids Craft Club, for two children who could not afford it. What a pleasure it is to be able to help!

Carers Trust (Scotland)

Once again we gave our perennial support to the Young Carers Summer Festival. Around 500 young carers from all over Scotland came together in Fife for three days of non-stop activities, including outdoor adventure activities (zip lines, water slides, high ropes, etc), a field full of inflatables, a glamour station, therapets, massages and mindful drawing, discos, a talent show, and even an inflatable planetarium!! And, of course, the ever popular cake decorating, which seemed to always have queues out the door!

There was Young Carers Voice Hub, which was a space for the young people to go to and share their thoughts and experiences, providing important insights into the needs of young carers and the issues they face. The team at Carers Trust go through all of the information they've collected, and this helps to form some the campaigns and programmes going forward.

Also at the Festival are decision-makers, including a Cabinet Secretary, a MSP Minister and the Children and Young People's Commissioner for Scotland, All are shown around the site by young carers to explain the importance of the Festival. They all have made pledges and commitments to continue to improve support for young carers.

The senior fundraising manager, Zoe Tautz-Davis, told us, ‘These young carers tell us they often struggle to get a break and have time with their friends, so the Festival is so important to give young carers time away from caring and to just be kids. We're so grateful to Kiran's Trust for your brilliant support to make sure this could happen’.

*****Latest news***** The Carers Trust Scotland applied to the Big Give this December. This meant that donations would be matched. So we took the decision to go ahead and donate to the Trust towards next years Summer Festival. Now that adds up to a lot of cake decorating… and Festival FUN!!

Larbert High School (LHS)

Below is the list of our achievement award winners at LHS. You may notice that we have managed to increase the number of pupils winning awards.

Creative Art: Izzi McDonald (S4)
Music: Charlotte McGuire (S5)
Photography: Finlay Hoey (S3)
Creative Writing: Daniel Small (S3)

Art (Bursary): Aurelie Massey continuing (S4)
Art (Bursary): Eloise Adam (S2)
Music (Bursary): Sophie Markham (S3)
Music (Bursary): Christopher Dodds (S1)

Well done to all on receiving these awards.

Piping Academy:

- We bought 6 chanters for the primary school liaisons
- We will award two young pipers some financial support to kick off their pipes purchases.

School of Rock & Pop:

- We have provided some seed corn money to convert a spare room in school into a purpose made practice room/studio.

Silly Wee Films
We collaborated with Silly Wee Films in the production of a short film starring Larbert High School graduate Lily McGuire.
Faithful, is a short film (18 mins) - 13 year old Vaila sets out into the scary Scottish woods after lights out to find the mythical Cù-Sìth, a Grim Reaper fairy dog, in the hopes of finding the portal to the Otherworld and rescuing her mother.

Faithful, directed by Lucy Linger, was released in 2025. Has been screened at various film festivals both in the UK and more importantly at Shorts by the Sea in Santa Monica, California. The latter screening has qualified the producers to apply for entry in to the 2026 Oscars under best short film nomination/category. March 2026 will tell us if we have won or not! Quite exciting eh!

If you've not seen Faithful yet then it's on STV Player in the UK.
(Watch Faithful | Stream Free on STV **Playerplayer.stv.tv**)

Carrongrange High School
We recently had both the Music and Physical Eduction departments jumping at the chance of receiving funding! They both presented spending plans that will support all activities, but particularly Christmas activities. The outcome? Well they agreed to share it between them.

Music have ordered some percussion instruments that are accessible to all and will support our Christmas Carol Singing. Headteacher, Janine Proudlock told us. She went on to say, 'We have six sessions planned in December and will use this to raise funds for school'.

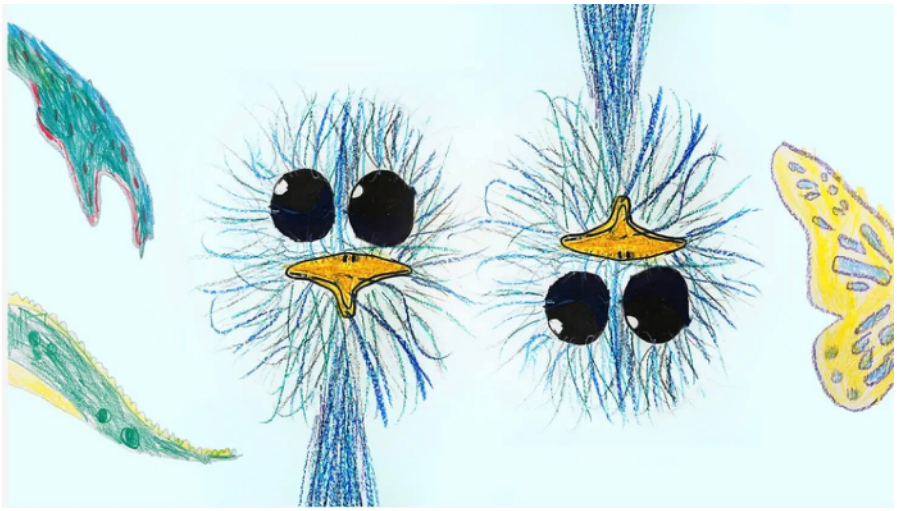
Janine also said that 'Physical Eduction have ordered two sound blasters to support more inclusive yoga and dance sessions for pupils in PE, these can also be used in

pupils' own classrooms where they cannot transition to subject classes. We will also use this equipment in December and January to teach Scottish country dancing (everyone's favourite) which is practiced over Christmas and used for our Ceilidh in January'.

Go Carrongrange. Such a wonderful school for pupils with additional needs!

MagicFest - Shape Shifters
It just wouldn't be Christmas without a MagicFest Show!

Shape Shifters is joyful magical dance adventure for children aged 3+ …and their grown-ups.
What do you become when you don't quite fit in? Well In a world full of colours, textures, and surprises, Shape Shifters invites young audiences on
a joyful journey of play, transformation, and finding your own sparkle.
We meet two inseparable friends — synchronised, confident, and always in step. But when a bright, curious newcomer arrives, everything changes…
Through dance, illusion, and a touch of comedy, Shape Shifters celebrates identity, difference, and the friendships we build when we find the courage to be ourselves.



The shows are on in the North Edinburgh Arts centre at 11am and 3pm on the 20th December.

Raising funds/Ways to donate.

This past couple of years we have raised funds ourselves in different ways - without throwing ourselves off bridges on elastic!

Director Meredith has been taking part in the INEOS Tour de France challenge, where teams of employees combine to cycle the same distance of each day's stage. In recognising their tremendous efforts, INEOS donates £1000 to the local charity nominated by each of the teams if they successfully complete the challenge. This is our third year being nominated and receiving a donation.

Kiran's Trust Repair Shop - Yes, we have our very own repair shop. One of our directors, Johnny, takes on the restoration, conservation or repair of many different types objects--items that just need some love and care to breathe new life into them. All manner of objects are worked in our very own barn. Violins, guitars, typewriters, vintage motorcycle engines and gearboxes, and the list goes on. Once restored these items are sold on our eBay shop for modest profit to raise funds. 'It's a pleasure to see these items go to new homes to be given a new life,' says Johnny.

So now it is your turn! If you'd like to help us to support the activities you've just read about and more then you can contribute in the following ways….

Don't do Christmas cards? Then consider donating the cost of cards and stamps to Kiran's Trust and help us change lives!

Kiran's Trust is registered with the Charities Aid Foundation (CAF). They provide a facility to make one-off donations, recurring donations, and campaign pages. As a charity themselves, they understand the kind of support charities need, and for those of you in the UK, they process all Gift Aid payments that we receive with your generous donations. There is only a small fee charged per transaction. To donate follow: https://cafdonate.cafonline.org/18111 Remember to choose Gift Aid if you pay UK tax

You shop. Easyfundraising gives.
We are registered with Easyfundraising. To support us via this platform sign up at https://www.easyfundraising.org.uk/ selecting Kiran's Trust as your nominated charity…happy shopping!

Paypal Giving Fund. PayPal Giving Fund helps people support their favourite charities online and helps charities raise funds through PayPal, eBay and other technology platforms. We are registered with **PayPal** where you can easily donate directly to at **https://www.paypal.com/gb/fundraiser/charity/170549** You can also

sign up to use Paypal as a purchasing platform selecting Kiran's Trust to received a donation from your purchases.

eBay Selling
If you are seller on eBay all you need to do is add the charity and donation percentage to your listing and after the item sells and the buyer pays, the system will automatically receive your donation through our charity partner, the PayPal Giving Fund. PayPal Giving Fund will email you with a donation receipt. Then, once per month, the PayPal Giving Fund consolidates all the donations received for that charity in a single payment. To connect to Kiran's Trust on eBay then go to https://www.charity.ebay.co.uk/charity/i/Kiran's-Trust/113569

If you donate an item for us to sell on the eBay shop we can claim Gift Aid on that item - 25% on to top of what it sells for! To allow us to claim this we need you to fill and sign a simple form, which we can send to you when you get in touch.

Benevity
We are a verified charity member of Benevity (Kiran's Trust, ID: 826-SC040864) Benevity's social mission is to help improve the way charities access and become eligible for corporate giving programs and to modernize the way organizations process and receive donation funds. If you wished to contribute straight from your wages then these people will help. Please contact us if you need help or more info.

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